

# Literary Lunch

## Thursday December 1<sup>st</sup> at noon



## What to do about Chronic Pain!

**Dr. Barbara Froehner Bulmer** will join us to discuss Chronic Pain and the educational course that she is spearheading to help you find relief.



The course runs from 6 weeks starting January 18<sup>th</sup> from 1:30 – 3:30PM and registration details will be provided.

All are welcome!

\$10 for a delicious meal and delightful conversation!