

HORNBY ISLAND NEW HORIZONS SOCIETY

WINTER PROGRAMS

January to March 2022 *edited jan 27, 2022*

PROGRAMS *New Horizons offers several different types of programs and events. Most programs run for 10 weeks and include a paid instructor. Our current programs are a mix in-person and Zoom, with some classes accommodating both at the same time! There is a Program Fee of \$1.00 for members per in-person class/events at New Horizons. This fee is in place to help with maintenance and utility expenses. Your Vaccine Passport/ID and a mask are required at every in-person class. 2.5m social distancing in effect. **Please register by email hornbynewhorizons@gmail.com. Registration is important to help manage class attendance/capacity.***

DAY	TIME	PROGRAM	LOCATION	START DATE	REFERENCE
Sun	8:30 am	Meditation	New Horizons	All Year	Edward Kooij
Sun	1:30-3:30 pm	Life Drawing Group	New Horizons	Jan 23	Juanita Selby Sue Horner
Sun		Theatre	Courtenay	February 27th	Lindsay Allen
Mon	9:30-10:30 am	Yoga with Eila *	NH and Zoom	Jan 24	Eila Buziak
Mon	12:00 – 1:00 pm	Golden Lunch	New Horizons	ON HOLD	Verna Kimmerley
Tues		Bowling	Courtenay	First Tuesday of the month	Jim Crawford
Tues	9:30 – 11:00 am	Gentle Yoga *	New Horizons	ON HOLD	Rachel Goodman
Tue	12:00 – 1:00 pm	Chair Yoga *	New Horizons	ON HOLD	Ambika Kelerchian OR Rachel Goodman
Tues	1:30-4:30 pm	Bridge	New Horizons	ON HOLD	Alison Stevenson
Wed	11:00 – 12:00 pm	Holistic Strength *	Zoom	Jan 5	Rachel Goodman
Wed	1:00 – 2:00 pm	Integrated Pilates *	Zoom	Jan 5	Rachel Goodman
Wed	3:00 – 4:30 pm	Knitting	New Horizons	Jan 19- except last Wed of the month	Sheila Letson
Wed	3:00 pm	Book Club	New Horizons	last Wed of the month	Oakley Rankin
Thu	12-1:30 pm	Literary Lunch	New Horizons	ON HOLD	Judith Lawrence
Thu	10:00 – 11:00 am	Chair Yoga	Zoom	Jan 6	Rachel Goodman
Thu	2:30 – 4:00 pm	Memoir Writing *	Zoom	Jan 13	Cornelia Hoogland
Fri	10AM	Hiking	Outdoors	Jan 21	Joanne Wyvill

* Capacity may be limited to between 8 – 10 depending on instructor

We welcome input from our members at hornbynewhorizons@gmail.com. Thank you!