



## New Horizons Society

### **Winter Programs 2022**

*Winter programs are up and running at New Horizons. Because of the latest round of public health orders that were recently issued, we have had to make some changes – and some are still in the works! Please see the attached program list as it stands today.*

*If you have already registered and received confirmation for the winter programs, you are good to go. If you have NOT yet registered for the winter programs, please sign up for classes by **emailing [hornbynewhorizons@gmail.com](mailto:hornbynewhorizons@gmail.com)**. It is an important step in helping us manage class capacity.*

*Please note that the MEMOIR WRITING class is FULL.*

*We will have an update on Tuesday's Chair and Gentle Yoga classes very soon so please stay tuned.*

*At this time, we are not running either of our lunch programs but are ever hopeful that they can restart sooner than later.*

*We have re-posted our safety protocol at New Horizons and it is attached for your review.*

*Key protocols, in a nutshell:*

- *please stay home if you are feeling sick*
- *you must provide proof of vaccination to participate in in-person classes*
- *wear a mask unless eating or exercising*
- *hand sanitize as you enter the building*
- *maintain a 2.5m social distance for all activities*

*Your health and safety are our top priority.*

*Please check out our new website at [hornbynewhorizons.com](http://hornbynewhorizons.com).*